

*Sun**Mon**Tue**Wed**Thu**Fri**Sat***July Dinner****2010**

1

Baked Chicken
Beef and Noodles
Fried Catfish

2

Mexican Baked
Chicken
Country Style Steak
Stuffed Green
Peppers

3

Baked Gravy
Chicken
Baked Ham
Yakisoba

4

Chicken Parmesan
Sauerbraten
Baked Fish

5

Roast Turkey
Rib Eye Steak
Tempura Fried Fish

6

Pork Loin
BBQ Beef Cubes
Chicken Fajitas

7

Spaghetti
Swiss Steak
Fried Chicken

8

Chow Mein Chicken
Pepper Steak
Baked Fish &

9

Chili Mac
BBQ Chicken
Fried Catfish

10

Baked Fish
Knockwurst
Chinese 5 Spice
Chicken

11

Beef Stir Fry
Turkey Nuggets
Pork Chop Suey

12

Spaghetti
Strip Loin Steak
Roast Turkey
*Deadline to signup
for Birthday Meal

13

Szechwan Chicken
Meatloaf
Turkey Ala King

14

Creole Chicken
Sweet & Sour Pork
Jambalaya

15

Pork Loin
Chicken Cordon Bleu
Veal Jaeger Schnitzel

16

Lasagna
Spaghetti
Chicken Cacciatore

17

Baked Stuffed Fish
Stir Fry Chicken
Pork Chops w/
mushroom gravy

18

Ginger BBQ
Chicken
Fried Shrimp
Cannelloni

19

Swiss Steak
Baked
Baked Chicken
Italian Sausage

20

Fish w/Butter
Pork Schnitzel
Yakisoba

21

Spaghetti
Swiss Steak
Fried Chicken

22

Pork Chops w/
mushroom gravy
Liver w/onions
Oven Fried Fish
*Birthday Meal at
1900*

23

Shrimp Scampi
Beef Stew
Roast Turkey

24

Baked Chicken
Swedish Meatballs
Creole Shrimp

25

BBQ Spareribs
Chicken Parmesan
Oven Fried Fish

26

Pork Loin
Pot Roast
Baked Stuffed Fish

27

Teriyaki Chicken
Veal Parmesan
Alaskan Cheddar
Baked Chicken

28

Beef Stroganoff
Mexican Pork Chops
Turkey and Noodles

29

Baked Chicken
Beef and Noodles
Fried Catfish

30

Mexican Baked
Chicken
Country Style Steak
Stuffed Green
Peppers

31

Baked Gravy
Chicken
Baked Ham
Yakisoba