

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|---|--|---|---|--|--|--|
| July Lunch | | | | | | |
| 2010 | | | | | | |
| | | | | 1 Pork Loin Chicken Cordon Bleu Veal Jaeger Schnitzel | 2 Lasagna Spaghetti Chicken Cacciatore | 3 Baked Stuffed Fish Chicken Stir Fry Pork Chops |
| 4 *4 th of July Meal Herb Chicken Strip Steak BBQ Ribs | 5 Swiss Steak Baked Chicken Italian Sausage | 6 Fish w/Lemon Pork Schnitzel Yakisoba | 7 Asian Meal Sukiyaki Chinese 5 Spice Chicken Cantonese Ribs | 8 Pork Chops Liver w/Onions Fried Fish | 9 Shrimp Scampi Beef Stew Roast Turkey | 10 Baked Chicken Swedish Meatballs Creole Shrimp |
| 11 Oven fried fish BBQ spareribs Chicken parmesan | 12 *Deadline to signup for BDay Meal Pork Loin Pot Roast Stuffed Fish | 13 Teriyaki Chicken Veal Parmesan Alaska Cheddar Baked Fish | 14 Hispanic Meal Burritos Mexican Pork Chops Beef Fajitas | 15 Baked Chicken Beef and Noodles Fried Catfish | 16 Mexican Baked Chicken Country Style Steak Stuffed Green Peppers | 17 Baked Ham Baked Chicken Yakisoba |
| 18 Baked Fish Sauerbraten Chicken Parmesan | 19 Roast Turkey Rib eye Steak Tempura Fried Fish | 20 Roast Pork Loin BBQ Beef Cubes Chicken Fajitas | 21 Italian Meal Spaghetti Spinach Lasagna Veal Parmesan | 22 Chow Mein Chicken Pepper Steak Lemon Baked Fish *BDAY MEAL AT 1900 HOURS | 23 Chili Mac BBQ Chicken Southern Fried Fish | 24 Baked Fish Knockwurst Chinese 5 Spice Chicken |
| 25 Beef Stir Fry Turkey Nuggets Pork Chop Suey | 26 Spaghetti Strip Loin Steak Roast Turkey | 27 Schechwan Chicken Meatloaf Turkey Ala King | 28 Southern Meal Fried Catfish BBQ Chicken Fried Chicken | 29 Pork Loin Chicken Cordon Bleu Veal Jaeger Schnitzel | 30 Lasagna Spaghetti Chicken Cacciatore | 31 Baked Stuffed Fish Chicken Stir Fry Pork Chops |